



Privacy Policy

Record keeping and GDPR

Psychotherapy4all is responsible for the processing of personal data as shown in this privacy statement. Processing of the personal data is carried out in a careful manner in accordance with the requirements of the General Data Protection Regulation (GDPR) as of 25 May 2018.

As your therapist, it is necessary that I keep a confidential record of our work together. This is also a legal obligation imposed by the Medical Treatment Agreement Act (WGBOWkkgz).

This means that I keep some of your personal details on my records. These include: your full name, date of birth, address, phone number, email address, date and time of therapy sessions, medical insurance details (if applicable) and fees. These are kept on your file, on my appointment booking system and on the invoicing system. A small part of this data is used for my financial administration. Additionally, psychotherapy4all may also keep payment details which you have provided for the purpose of payment of fees.

In terms of clinical data, I keep on your file the following: therapy goals, a summary of each conversation including a formulation of the presented difficulties, suggestions discussed and any action points. I may also keep details of your medical doctor and your next of kin, for use in case of emergency or, if relevant and with your permission, details of other professionals involved in your care.

These files are kept securely. You can request access to your file at any point. According to the Dutch legislation, you also have the right to request your data to be deleted. Unless otherwise specified, the files are kept for a minimum of 20 years in accordance with legislation requirements.

For relationship therapy, a joint file is created for all parties involved. To release the file to one person, all parties are required to give written consent.

All therapists are required to take part in supervision to ensure they provide the best care that they can. During supervision, I discuss aspects of my work. The identities of the people I work with remain anonymous and thus you cannot be identified by the content of these conversations.

Video and voice recording of sessions or part of sessions is not permitted, except with written consent of each person participating in the session.

Confidentiality Policy

I have sole access to the details of your therapy files. The content of our work remains confidential except where there is a safety risk to you or others. In case of a safety risk, I may need to share the necessary information from our work together with the relevant bodies. Where possible, I will do my best to consult with you prior to sharing any confidential information with third parties.

The Wkkgz requires that all healthcare providers report incidents. Where an incident occurs, I may have to share information to relevant parties. More details about this can be found in the Incident reporting section. It is also a requirement from the Wkkgz that a complaints procedure is in place. In the event of a complaint that cannot be resolved between us, some private information from our work together may be disclosed to the relevant complaint resolution body. More details about this can be found in the Complaints Procedures Section.

Parts of your file can be shared on your request, for example, if you request a referral to another professional.

Cookie Policy

What are cookies?

The psychotherapy4all website uses cookies. A cookie is a simple small file that is sent with pages from this website and stored by your browser on your computer's hard drive. The information stored therein can be sent back to our servers on a subsequent visit.

Use of permanent cookies

With the help of a permanent cookie, you are recognizable when you visit the website again. The website can therefore be specially set to your preferences. If you have given permission for the placing of cookies, we can remember this by means of a cookie. As a result, you do not have to repeat your preferences all the time, so you save time and can make a more pleasant use of our website. You can delete permanent cookies via the settings of your browser.